



Destiny Delivered.

# SESSION 22: BECOMING A COACH

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## 8:00 AM – OPENING VIDEOS

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### [ELTU VIDEO](#)

*ELTU Video – Introducing ELTU’s Degree Programs*

## 8:15 AM – WELCOME

- 8:15 AM – 8:45 AM

**Welcome to Class #22 of the Graduate Seminar Series Certificate in Professional Coaching!** In this course we are journeying through 23 weeks of Saturday Live Coach Training Sessions on our fast track to Graduation where some candidates will be completing their Bachelor of Science Degree in Christ-Centered Coaching, Leadership, and Change. Others will be completing their Master of Science Degree, and still others will be completing their Doctor of Philosophy Degree Specializing in Christ-Centered Coaching, Leadership, and Change! We are looking forward to graduating successfully on March 29, 2025 in a live ceremony celebrating your accomplishments, and that’s not all! All candidates completing the Saturday Live classes are learning the Core Competencies of Coaching as defined by International Coaching Federation ( the world’s gold standard for coaching globally) and may use this coach-specific education and training in pursuing their ICF credential. After successfully completing this program and other required components of the ICF, our candidates who wish to gain a Coach Certification credential from the ICF may be able to apply to the ICF for that secular credential! So, not only would you have the ELTU Christ-Centered Coaching Degree or Certificate, candidates may also be able to apply for an industry recognized coaching credential through the International Coaching Federation directly. This is because ELTU coach-specific education and training is specifically marketed as teaching coaching skills or teaching how to apply biblical and technical skills in a coach-like manner as we are teaching those coaching skills in accordance with the ICF definition of Coaching, Core Competencies and Code of Ethics.

Today’s agenda consists of a series of exercises, videos, lectures, and live class discussion and interaction all focusing on the Qualities of a Professional Coach from an ICF perspective, examining the Core Competencies of Coaching as defined by the ICF and analyzing those competencies in light of Scripture and Christ-Centered Coaching principles. We find this to be a fascinating journey of discovery, learning, exploration, revelation, research, application, and transformation!

Truly life-changing experiences and encounters are happening as we apply what we learn in this course together to maximize and enhance our personal, professional, and spiritual lives and potential.

## ELTU COACH TRAINING & LEARNING OBJECTIVES

1. To produce coaches who are trained and well-equipped in making a real and measurable difference in people's lives;
2. To be a resource for knowledge and skill-building needs of users of coach training whether they are coaches or consumers of Christ-Centered coaching;
3. To establish quality baselines that satisfy coaching perspective from both the participant and participant's consumers view of Christ-Centered coaching;
4. To provide an environment where coach-specific training, self-study, surveys, research, and development of learning experiences have the potential to inform the future of Christ-Centered coaching practice and the coaching profession.
5. To teach coaching skills and how to apply biblical technical skills in a coach-like manner in accordance with the ICF definition of coaching, Core Competencies and Code of Ethics.

## COACHES' PRAYER

- **Prayer for the School and our Coaches**

**Father, in the name of Jesus,**

I pray, declaring and decreeing in agreement with the Word of God that we at ELTU | The University of Christ-Centered Coaching, Leadership, and Change 🙏 dynamically deliver these 23 Saturdays and be a channel of blessing in both:

- Tangible measurable elevated blessings from the Kingdom of God and in the world at-large in which we live.
- I pray, declaring and decreeing that I attract all good things that are my Father God's and that belong to Christ ❤️ according to the Scripture in:

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***Revelation 5:12 (KJV)***

***12 Saying with a loud voice, Worthy is the Lamb that was slain to receive power, and riches, and wisdom, and strength, and honour, and glory, and blessing.***

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***James 1:17 (KJV)***

***17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.***

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So, therefore I declare and decree that in our coaching we seek every good and perfect gift from the Lord, to include and not be limited to the Lord's power, riches, wisdom, strength, honour, glory, and blessing in our lives on a daily basis, and that these blessings are for now and not just for when we get to glory according to: Ephesians 1:3, John 10:10 Mark 10:29-30, Psalm 23:1-2, 5-6, and Matthew 6:33. Through our coaching we are learning how to tap into these blessings and teaching others to do the same.

The Bible indicates that many of the blessings given to us in Christ are available now, and not just in the future or when we get to heaven. There are numerous Scriptures that affirm God's intention for us to experience His blessings here on earth.

Here are some key passages that demonstrate this truth:

**1. Ephesians 1:3 (NIV)**

"Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ."

This verse states that we have been blessed with every spiritual blessing in Christ. The phrase "have been blessed" is past tense, indicating these blessings are already given to us in the present, not just something we'll receive in the future.

**2. John 10:10 (NIV)**

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full."

Jesus clearly speaks of His purpose being to give us an abundant life now. This doesn't just refer to eternal life but also to living in the fullness of His blessings while we are here on earth.

**3. Mark 10:29-30 (NIV)**

"Truly I tell you," Jesus replied, "no one who has left home or brothers or sisters or mother or father or children or fields for me and **coaching the Gospel** will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come eternal life."

Jesus promises blessings in this present age as well as in the age to come. This indicates that some blessings, including material and relational ones, are available **to those whose pursuit is Christ and the Gospel** is now.

**4. Psalm 23:1-2, 5-6 (NIV)**

"The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters... You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

This well-known Psalm speaks to God's provision and blessings in this life, declaring that we "lack nothing" and experience abundance now as God takes care of us.

**5. Matthew 6:33 (NIV)**

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

This verse assures us that when we seek God's kingdom, He provides for our needs now—not just in the future.

These Scriptures make it clear that God's blessings, both spiritual and material, are available to us in this present life. While we do await the fullness of His promises in eternity, He intends for us to live in His abundance, peace, and provision while we are on earth.

I pray, declaring and decreeing that we deliver by the power, presence, and personality of the Holy Spirit, coming into the fullness of Christ's character, wisdom, and power ❤️ according to Ephesians 4:11-13. I thank you that we too operate in this fullness of Christ.

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*Ephesians 4:11-13 (NIV)*

***11 So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, 12 to equip his people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.***

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- I declare and decree that the ELTU candidates hear from God and learn the skills that will change their lives to manifest You, Father and be the witnesses that You are using in this world for Your Glory according to 1 Peter 4:10-11 (NIV) which when we consider coaching *"Each of one of us uses whatever gifts we have received to serve others, as faithful stewards of God's grace in its various forms. I declare and decree that when we speak and coach, we do so as one who speaks and coaches the very words of God. We coach with the strength that God provides, so that in all our coaching, God may be praised through Jesus Christ, and To him be the glory and the power for ever and ever."*
- I declare and decree the blessings of the Lord overtake us, make us rich, and add no sorrow as we coach to the glory of God (Proverbs 10:22) and we cause people to rise up and become purpose-filled leaders in Christ Jesus for Your Glory and our story (Ephesians 2:10) because *"We are your handiwork, created in Christ Jesus to do good works, which You, God prepared in advance for us to do."* And we thank you for this good work!
- We declare and decree that we crush the head of any and every enemy that would try to even think about rising up against us! *"And we overcome that one by the blood of the Lamb and the word of our testimony every single time,"* according to Revelation 12:11.
- We thank you, Father, all is well with us and those we are called to in coaching, as we aim to be in agreement with your Word at all times, and we do it with such great and mighty exploits on the mountain of the Professional Coaching industry. I declare and decree that We are among the top paid coaches in our landscape, and we are ever confident and competent in our trade. We rise and stand on the light and character of who you are in Word and deed that helps us arise to the top because you said in your Word that if we trust and delight ourselves in you, then you will give us the desires of our heart (Psalm 37:4-5).

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*Psalm 37:4-5 (KJV)*

***<sup>4</sup> Delight thyself also in the Lord: and he shall give thee the desires of thine heart.***

***<sup>5</sup> Commit thy way unto the Lord; trust also in him; and he shall bring it to pass.***

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(Also supported through the following Scriptures) We declare and decree according to:

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*Deuteronomy 28:13 (NIV)*

***"The Lord has made us the head, not the tail. We pay attention to the commands of the Lord our God not just those written in Scripture but those instructions that you give us in person this day and carefully follow them. We confidently expect to be always at the top, never at the bottom."***

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**We are elevated to positions and functions of leadership and prominence.**



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*Psalm 1:3 (NKJV)*

*"We are like trees planted by the rivers of water, that brings forth its fruit in its season, whose leaves also shall not wither; and whatever we do shall prosper."*

**We have prosperity and success in all that we do in the trade of Leadership and Professional Coaching.**

*Proverbs 22:29 (NIV)*

*"Do you see someone skilled in their work? They will serve before kings; they will not serve before officials of low rank."*

**We serve being highly skilled and rewarded with recognition and promotion in our various fields in which we utilize coaching and leadership.**

*Philippians 4:13 (NKJV)*

*"I can do all things through Christ who strengthens me."*

**We reinforce confidence in our abilities to lead and coach through Christ Jesus both in the secular and non-secular business world.**

*Isaiah 60:1 (NIV)*

*"Arise, shine, for your light has come, and the glory of the Lord rises upon you."*

**We rise to our highest potential and we are being recognized in our fields with God's favor and wisdom shining upon us.**

In Jesus Name, we pray, declaring and decreeing that our clients and persons being coached are those whom you have sent to us, or those whom you have come for, and that we are not disconnected or misaligned in any way. We are discerners; the work we do is purpose-filled, and not vanity. We are bringing all things on our plate in subjection to your will and your way, and I declare and decree that our work is easy and any burdens that present themselves are light as we coach to the glory of God and people find rest for their souls personally, professionally, and spiritually according to:

*Matthew 11:29-30 (KJV)*

*29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light...*

**We plainly become a masterful leader in the industry of professional coaching and our lives, businesses, and ministries are reflective of it.**

Be that as it may, the weapons we brilliantly wield before, during, and after any warfare in our lives, businesses, and ministries are not carnal, but mighty through the pulling down of strongholds (2 Corinthians 10:4) .

No weapon of any kind formed against us shall prosper, and every tongue that has risen in judgement, I have already condemned according to your word in Jesus Mighty Name in (Isaiah 54:17).

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*Romans 8:31-39 (KJV)*

*31 What shall we then say to these things? If God be for us, who can be against us?*

*32 He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things?*

*33 Who shall lay any thing to the charge of God's elect? It is God that justifieth.*

*34 Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us.*

*35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?*

*36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.*

*37 Nay, in all these things we are more than conquerors through him that loved us.*

*38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,*

*39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.*

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**We declare and decree diplomatic immunity that makes us more than conquerors through Christ Jesus who loved us and nothing shall separate us from your living, loving, levelling up power in Jesus Mighty name!**

**I declare and decree that WE own the space. We Make it real. We have BECOME the Vessel God uses to set people into freedom, righteousness, maturity, wisdom, and victory** knowing full well that it is the spirit that quickens us, and the flesh profiteth nothing; that the words that we speak to our clients and those seeking coaching are receiving healing words that are not only spirit, but these words are also real life (according to John 6:63). Armed with this revelation and applied truth in the power, in the wisdom, and in the character of Christ, we go from faith to faith, from Glory to Glory, from Non-believer to Believer to Empowered Transformed Witness by employing Christ-Centered Coaching in our lives and the lives of those we are called, and those with whom you have connected us.

In Jesus' Name, Amen. Amen. Amen.

- **Prayer Integrating the (8) ICF Core Competencies**

*[Each student will pray and make their declarations and decrees concerning each ICF Core Competency.]*



### **CORE COMPETENCY #1 DEMONSTRATES ETHICAL PRACTICE: Rose Victor**

Father, we come as your children, we know you care for us. We know that you have given us all things pertaining to life and godliness. 2 Peter 1:3. Father, we come before you in accordance with the plan you have for us. We know it is you that is at work within us both to will and to do of your good pleasure. Father, we know that you are with us. I decree and declare we can hear from you as we partner with our clients. Father, we understand you will do exceedingly, abundantly above all that we can ask or imagine according to the Spirit that works in us. We thank you God for potential - the promise of the Spirit that can bring the visible and the invisible. I decree and declare that we set us aside. I decree and declare that we are vessels to be used by you. I decree and declare when He the Spirit of truth is come, He will guide us into all truth: for He shall not speak of himself; but whatsoever He shall hear, that shall He speak: and He will show us things to come.

I decree and declare the engagement and demonstration of honesty and integrity as exemplified by Christ's teachings.

Proverbs 11:3 The integrity of the upright guides us.

### **CORE COMPETENCY #2 EMBODIES A COACHING MINDSET: VIVA JACKSON-COTTON**

Heavenly Father,

Help us to cultivate curiosity in every interaction, allowing us to explore new perspectives and insights with grace and humility. Grant us the flexibility to adapt our approach to meet the unique needs of those we serve, and instill in us a deep commitment to being client-centered in all that we do.

Your word tells us in \* - James 1:15 \*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him."

1. I declare & decree that (WE)/ I embody a coaching mindset, seeking to uplift and empower our/ my clients with love and understanding.
2. I declare & decree that (WE)/ will engage in continuous learning and development, knowing that growth is a journey ordained by You.
3. I declare & decree that (WE)/ appreciate the unique structure and journey of each client, recognizing their potential and worth.
4. I declare & decree (WE) commit to developing reflective practices that deepen my coaching relationships and enhance my effectiveness.

Heavenly Father, we thank you for the opportunity to serve and uplift others through coaching. We trust in Your presence to guide us in becoming the best version of a coach for all those we encounter.

Heavenly Father, according to your word in Hebrews 10:24; as coaches we declare and decree to consider one another both the clients & coaches in order to stir up love and good works.

1. I declare & decree that we will be a vessel of Your wisdom, guiding our clients with clarity and compassion.
2. I declare & decree that our commitment to learning will inspire our clients to pursue their own growth and development.



3. I declare & decree that through reflection, we will continuously improve our skills and strategies as a coach.
4. I declare & decree that our coaching practice will be a safe space where clients feel valued, heard, and understood. Lord, help us to remain humble and teachable, always seeking Your guidance in our coaching practice. May each interaction with our clients be rooted in love, grace, and an unwavering commitment to the growth of our clients.

In the name of Jesus Christ, Amen.

### **CORE COMPETENCY #3 ESTABLISHES & MAINTAINS AGREEMENT: Sherell Robinson**

Heavenly Father,

I come before You, seeking Your wisdom and guidance as I navigate the art of establishing and maintaining agreements with others. You are a God of order and faithfulness, and I desire to reflect these qualities in my interactions.

Lord, teach me to approach every agreement with clarity, humility, and a spirit of collaboration. Help me to listen deeply, understanding the needs, goals, and desires of those I serve. May my words be thoughtful, my intentions pure, and my commitment unwavering.

Grant me the patience to ensure that expectations are clearly communicated and mutually understood. Where there is uncertainty, give me the courage to ask questions and seek clarity. Where adjustments are needed, help me to approach them with grace and flexibility.

Holy Spirit, guide me to honor the agreements I make with integrity and consistency. Teach me to balance accountability with compassion, ensuring that every agreement fosters trust, growth, and alignment with Your purpose.

Father, may I reflect Your faithfulness in all that I do. Let my role as a coach, leader, or partner be marked by fairness, respect, and a willingness to revisit and refine agreements when needed. Above all, may my actions point others to Your truth and reliability.

I surrender every conversation and decision to You, trusting that You will lead me in the way of wisdom and peace. Strengthen me to remain steadfast in my commitments, and let my efforts glorify You.

In Jesus' name, I pray.

Amen.

### **CORE COMPETENCY #4 CULTIVATES TRUST & SAFETY: TaShona Jones**

Our Father in Heaven....Lord we come to you with a spirit of submission and gratitude. We thank you for Your loving kindness towards us. We stand on Your Word reminding us that we belong to You, and recognize that we are Kingdom Children, and because of that we have been granted all rights to all that You have created and will bestow upon us. We Thank You for bringing us to this very time and moment and for allowing us to be a part of Your kingdom.



Lord, I declare and decree an endowment of trust as we speak with our clients. Allow us to ensure we build a safe-haven for anyone who desires to sit and talk with us. Father, You told us in Proverbs 3:5 to Trust in the Lord with all our heart and for us to lean not to our own understanding. You said in all our ways, submit to You and You will direct our path. Teach us Lord that we will exemplify and produce trust with every client we encounter; this is what we desire.

Lord, I declare and decree that You equip and walk us through this which we are embark on. We ask that You give us the knowledge and understanding of what to say and how to say it to the clients which You will send to us. Hebrews 13:18 says; Pray for us; for we trust we have a good conscience; and in all things we should be willing to live honestly. There is no other way to live Lord God, for we know honesty produces trust. Show us how to live in Your way and show us what it is that we need to say.

Lord, I declare and decree that no powers of the enemy will revolt against us. For we know when we stand on Your Word, You walk with us, You talk to us, and You will comfort us. We know we are in wicked times and the enemy has a purpose – yet we declare and decree they will not win. I stand on the Blessings and Power which You have given us, and we know where there is no counsel, the people fail: and in the multitude of counsellors there is safety as You told us in Proverbs 11:14.

Lord, I declare and decree that You will be a covering over us like no other. In Proverbs 3:23, Your Word directs us to Go in safety and our feet will not stumble. God, we look for safety in You. The powers of darkness shall not misdirect our feet nor path. Understanding and knowing that we are totally dependent on You, we stand on your Word and you word alone.

We thank You God, for Your loving kindness towards us. We thank You for being what we need, when we need it. We thank You for allowing this group of Chosen Women to come together under the leadership of Dr. Merle Ray to learn how to represent You and Present Jesus Christ in the Finest Manner through Coaching & Leadership & Change! Lord God, we know it is not by happenstance we are together, and we understand our assignment! We Pray for continued covering over Dr. Ray and over every coach who is a part of ELTU. We Pray & ask for these Blessings in the perfect and powerful name of Jesus Chris – AMEN!

#### **CORE COMPETENCY #5 MAINTAINS PRESENCE: LaShawn Darthard**

Oh Lord thy God how excellent is thy name in ALL the earth and heaven. Thank you, Lord God, for this time that has been set aside for this moment and for this day. You are the reason why we are able to move forward in what you have called us to do in the earth. You are a Good Father. We bless you! We magnify your Holy Name! In your presence there is fullness of joy! (Psalm 16:11).

Thank you for giving us the gift of coaching to assist others. It is an honor and privilege to partner with you and experience a life-changing encounter for these beautiful souls that entrust us to walk alongside them on their journey. We know that your divine presence is with us always, to the end of the age (Matthew 28:20). Because of this, We decree and declare no matter the circumstance, we know all things are working together for our good (Romans 8:28).

For it is in your presence that we come with thanksgiving and with a joyful sound of praise. You are great, and a great King above all gods (Psalm 95:2-3), that is greatly to be praised. We ask you to be in the midst of our conversations. We are open to the leading of the Holy Spirit and we are fully conscious and present with the



client, employing a style that is open, flexible, grounded and confident in Christ. We invite your insight, guidance and revelation to illuminate each time that we gather. We touch and agree, **the** way is already made and as we walk this journey together, we know that the end result is victorious (1 Corinthians 15:57).

It is so, in Jesus Name, Amen.

### **CORE COMPETENCY #6 LISTENS ACTIVELY: Trudy Huff**

Lord, we thank you for giving us Core Competency number six. Jesus in this Domain Arena of Communicating Effectively, we declare and decree that we Listen Actively.

Father, We thank you for Holy Spirit giving us ears to hear as in Matthew 11:15 “He who has ears to hear, let him hear!” NKJV.

Daddy God, allow us to hear the words of the speakers (our clients) (not excluding their sponsors and stakeholders), let us listen and understand what they are telling us.

Lord, please open the deafness of our mind, our spirit and our wisdom fully keeping us focused.

Keep us focused on their communicated values, verbal, nonverbal, experiences and their beliefs.

Help us to identify and enhance the content and the context of our client’s systems. Help us to acknowledge while exploring our clients’ energy shifts, emotions and behaviors.

Help us to recognize and explore when there is more to what our clients are saying to us, reflecting and summarizing to ensure further clarity.

Show us how to integrate our clients words, tones of voice, and body language to determine the full meaning of what is being communicated across sessions to determine things and patterns while supporting our clients’ self-expression.

We declare and decree this is so as You shed Your light on us. We thank You in advance for this and all things. So be it, Thy will be done. In Jesus Name we pray. Amen.

### **CORE COMPETENCY #7 PRAYER & DECLARATION: Marilyn Hoosier**

#### **Evokes Awareness**

Father, thank you, you've entrusted us with a beautiful task (assignment) to work with other like-minded individuals who look to please you in every way possible. As we venture into the lives of those who seek to become a better version of themselves we submit ourselves to your tutelage to bring forth and provoke change.

Even though you have made all things available to us we acknowledge that without you nothing of value happens so we evoke your help as we evoke awareness to help our clients to come forth through or by whatever means necessary to bring forth the desired change to their lives.

I declare and decree Proverbs 3:5-6



Trust in the Lord with all your heart and lean not to your own understanding in all your ways acknowledge Him and He will direct your paths.

Now we go forward in the power and authority of the Holy Ghost.

Amen.

**CORE COMPETENCY #8 FACILITATES CLIENT LEARNING & GROWTH: Kaiya Washington**

Heavenly Father,

Thank You for the gift of wisdom and understanding. As Proverbs 1:5 reminds us, "Let the wise hear and increase in learning, and the one who understands obtain guidance," we seek to cultivate a heart that is eager to learn and grow.

Open our ears to wisdom and help us to listen attentively to the guidance You place in our lives. Grant us humility to acknowledge areas where we need growth and courage to take steps toward greater knowledge and understanding. May we always seek Your truth and allow it to shape our decisions and actions.

Bless our learning journey, Lord, and let it not only enrich our minds but also transform our hearts and bring glory to You. Equip us to share what we've learned with others, fostering growth and wisdom in those around us.

In Jesus' name, we pray, Amen.

## 8:45 AM – REMINDERS FOR THE WEEK

- 8:45 AM – 8:50 AM
- [ELTU Program Evaluations](#) Due Now

Click the link to complete the state-required End of Program evaluation.

- Graduate Experience Tables & Dinner

SERVER	SEATING ARRANGEMENTS	ELTU FACULTY/CANDIDATE
Donetta/DeAndre	9 TABLE 13	Dr. M & LaShawn Darthard's table
Nell/Trinity	30 TABLES 1-3	Dr. M
Zena	9 TABLE 4 "3 No-Meat"	Rose
	6 TABLE 5	Marilyn
Denae	10 TABLE 8	TaShona
Hendrick & James	10 TABLE 6	Sherell
Jason	10 TABLE 7	Carmella
Jamasa	10 TABLE 9	Evelyn/Viva
Reginald	10 TABLE 10	Viva
Anthony	10 TABLE 11	Patricia/Viva
ShaVon	10 TABLE 12	Trudy
	124 TOTAL	
	Plus	
Nell/Trinity	15 STAFF (DJ & VIDEO)	Dr. M
	139 GRAND TOTAL	







## **3:00 PM – AFTERNOON LECTURES & EXERCISES**

3:00 PM – 4:00 PM

### **4. GRAD DRY RUN**

- Q&A
- Follow-up Items

Subject to Change

**ELTU GRAD COACH TRAINING –  
GRADUATE SEMINAR SERIES CERTIFICATE IN PROFESSIONAL COACHING (G-CPC)  
SATURDAY CLASSES SCHEDULE**

CLASS	HRS	TOTAL	DATE	DONE	SYLLABUS / TOPIC
1	8	8	9/28/2024	<input checked="" type="checkbox"/>	Exploring ICF with Christ-Centered Coaching: Overview - Part 1 of 3
2	8	16	10/5/2024	<input checked="" type="checkbox"/>	Exploring ICF with Christ-Centered Coaching: Overview - Part 2 of 3
3	8	24	10/12/2024	<input checked="" type="checkbox"/>	Exploring ICF with Christ-Centered Coaching: Overview - Part 3 of 3
			10/19/2024	<input checked="" type="checkbox"/>	G-POP CRUISE
			10/26/2024	<input checked="" type="checkbox"/>	CSM SUMMIT
4	8	32	11/2/2024	<input checked="" type="checkbox"/>	Christ-Centered ICF Coaching: An Introduction – Lectures 1 - 3
5	8	40	11/9/2024	<input checked="" type="checkbox"/>	Christ-Centered ICF Coaching: An Introduction – Lectures 4 – 6; Assessment 1: Your Personality Profile
6	8	48	11/16/2024	<input checked="" type="checkbox"/>	Christ-Centered ICF Coaching: An Introduction – Lectures 7 – 8; Assessment 1 cont'd: Your Personality Profile
7	8	56	11/23/2024	<input checked="" type="checkbox"/>	Becoming a Coach: The Essential ICF Guide; pages 5-46;
			11/30/2024		THANKSGIVING HOLIDAY WEEKEND
8	8	64	12/7/2024	<input checked="" type="checkbox"/>	Becoming a Coach: The Essential ICF Guide; cont'd pg-46; Assessment#2
9	8	72	12/14/2024	<input checked="" type="checkbox"/>	CC1: Demonstrates Ethical Practice pgs 47-62;
10	8	80	12/21/2024	<input checked="" type="checkbox"/>	MID-TERM: CASE STUDY ON JOE AND ICF CODE OF ETHICS
			12/28/2024		CHRISTMAS HOLIDAY WEEKEND
11	8	88	1/4/2025	<input checked="" type="checkbox"/>	CC2: Embodies a Coaching Mindset pgs 63-70; Assessment 3
12	8	96	1/11/2025	<input checked="" type="checkbox"/>	CC3: Establishes and Maintaining Agreement 71-78
13	8	104	1/18/2025	<input checked="" type="checkbox"/>	CC4: Cultivates Trust and Safety pgs 79-84
14	8	112	1/25/2025	<input checked="" type="checkbox"/>	CC5: Maintains Presence pgs 85-92
15	8	120	2/1/2025	<input checked="" type="checkbox"/>	CC6: Listens Actively pgs 93-98
16	8	128	2/8/2025	<input checked="" type="checkbox"/>	CC7: Evokes Awareness pgs 99-106
17	8	136	2/15/2025	<input checked="" type="checkbox"/>	CC8: Facilitates Client Growth pgs 107-114
18	8	144	2/22/2025	<input checked="" type="checkbox"/>	Section 4: Pages 189-220; Coaching Demo; Mentor Coaching (2 hrs)
19	8	152	3/1/2025	<input checked="" type="checkbox"/>	Coaching Demos; Mentor Coaching (2 hrs)
20	9.5	161.5	3/8/2025	<input checked="" type="checkbox"/>	FINAL: ICF SIMULATOR ASSESSMENT; Videos, Articles, Live Coaching
21	8	169.5	3/15/2025	<input checked="" type="checkbox"/>	Coaching Demo; Mentor Coaching (3 hrs)
22	8	177.5	3/22/2025	<input checked="" type="checkbox"/>	GRAD DRY RUN
23	8	185.5	3/29/2025	<input type="checkbox"/>	GRAD EXPERIENCE 8 am - 4 pm

## EXERCISES

### - *Assessment Links:*

1. MBTI (16Personalities) [www.16personalities.com/free-personality-test](http://www.16personalities.com/free-personality-test)
2. DISC <https://www.tonyrobbins.com/disc>
3. TAYLOR CORE VALUES:  
[https://members.taylorprotocols.com/Tools/CVIGift.aspx?GiftHash=a6d9f914-5adb-1030-aa1a-  
adf0ab89abbd](https://members.taylorprotocols.com/Tools/CVIGift.aspx?GiftHash=a6d9f914-5adb-1030-aa1a-adf0ab89abbd)

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